

**MENTAL HEALTH SERVICES IN ARGYLL AND BUTE  
- REDESIGN AND MODERNISATION**

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**1. INTRODUCTION**

- 1.1 An extensive Service Review and work on developing options for the future of Mental Health Services has been in progress in Argyll and Bute since 2007. This work has involved many local service users, carers, NHS staff and managers and staff from Argyll and Bute Council, all working together using a process called “Service Redesign” to plan Mental Health services for the 21<sup>st</sup> Century. The Head of Service Adult Care and Service Manager (Mental Health) have been involved in every step of this process to ensure the Council is a fully active partner, shaping and influencing the Process of service redesign.
- 1.2 A draft response on behalf of Argyll and Bute Council to the consultation is attached along with a copy of the consultation document “Mental Health Services in Argyll and Bute – Redesign and Modernisation” from NHS Highland.
- 1.3 The CHP and Council have worked closely with an external consultancy organisation “Research and Development in Mental Health” (RDMH).
- 1.4 The process was split into three distinct phases. Phase 1 - Needs Assessment and Local Engagement (completed). Phase 2 - Service Option Development in Mental Health (completed). Phase 3 - formal period of Public Consultation which runs from 12<sup>th</sup> January to 10<sup>th</sup> April 2009.
- 1.5 A series of further events have been set to ensure the public and staff of partner agencies are given time to consider the proposals set out in the public consultation document entitled “Mental Health Services in Argyll and Bute – Redesign and Modernisation. Further details of phase 1 and phase 2 activity is contained within the document previously mentioned.
- 1.6 The key messages that people reported during phase 1 and phase 2 were:
  - Services to be as local to peoples communities as is safe and achievable
  - Seven day a week community Mental Health services
  - Crisis response, ideally including home based treatment both to prevent admission and to facilitate discharge from hospital
  - Development of psychological services

- NHS Community Mental Health staff and Social Work staff to be working and based together
- Adequate support and help for carers
- A single point of access for people to the mental health services
- Access to inpatient care when needed
- Services to Helensburgh and Lomond area must follow same principles and aims as the rest of Argyll and Bute.

## 2. OPTIONS

- 2.1 The following 5 options are contained within the consultation document:
- 2.2 Option 1 - **Minimal Change** - some minor changes to inpatient services at the Argyll and Bute Hospital, some minor improvements in community based care.
- 2.3 Option 2 - **Local Services with Inpatient Care in Community Hospitals** - improvements in community based services, 7 days a week, some adult inpatient care in local community hospitals, and intensive inpatient care in either a new 6 bed unit in Lochgilphead or in a hospital of a neighbouring NHS Board.
- 2.4 Option 3 - **Enhanced Local Community Services and a Single, Local Inpatient Unit in Lochgilphead** - Improvements in community based services, 7 days a week, supported by a new, flexible, adult inpatient facility based in Lochgilphead.
- 2.5 Option 4 - **As Option 3 plus Day Assessment and Treatment Service, and a Centre for Staff Training** - as above plus day assessment and treatment service, and a centre for ongoing staff training and development.
- 2.6 Option 5 - **Community Based Services with No Local Inpatient Care** - expanded and enhanced community based services including specialist services to enable people to remain in their own community. When admission to hospital is unavoidable, it may be by arrangement with a hospital in a neighbouring NHS Board.

## 3.0 SERVICE COSTS

	Option 1	Option 2	Option 3	Option 4	Option 5
<b>Hospital Services</b>	9.261m	9.318m	7.619m	7.837	5.683m
<b>Community Services</b>	4.342m	6.393m	6.038m	6.038m	7.865m
<b>Total</b>	13.603m	15.711m	13.657	13.875	13.549m

### 3.1 Current Services

<b>Hospital Services</b>	£9.261m
<b>Community Services</b>	£4.342m
<b>Total</b>	£13.603m

### 3.2 Building Costs

<b>Option 1</b>	<b>Option 2</b>	<b>Option 3</b>	<b>Option 4</b>	<b>Option 5</b>
10m	4.8m	8.69m	9.59m	2.25m

### 3.3 Council Contribution

The Council have set the budget allocation for Mental Health and this cost is fixed regardless of which option is chosen.

## 4. SUMMARY OF OPTIONS 1 TO 5

- 4.1 **Option 1** - This option keeps the current services much as they are, with only a few small changes.
- 4.2 **Option 2** - This option has developments in Primary Care and Community Care services. Inpatient beds would be available in five of the local Community Hospitals, and more specialised psychiatric intensive care services in either a new 6 bed unit in Lochgilphead, or provided outside Argyll and Bute by another NHS provider. **The costs of this option make it unaffordable in its present form.**
- 4.3 **Option 3** - This option would have significant developments in Primary and Community Care services, with a single specialist inpatient Mental Health unit in Lochgilphead.
- 4.4 **Option 4** - This is a variation of option 3. It includes two additional functions – an Assessment and Day Treatment service where people who may be facing admission to hospital can be assessed and can have formal individual and group therapies, plus an Education Centre for staff training, and to support ongoing clinical staff development.
- 4.5 **Option 5** - The aim of this option is to provide a wide range of care for people in their own home or their own community so that relatively few people would need in-patient treatment. It includes extended development of the Community Mental Health Teams. There would be no Mental Health inpatient beds within Argyll and Bute. People requiring hospital treatment would be referred out of the area.

## 5. FINANCIAL IMPLICATIONS OF OPTION 2

- 5.1 NHS Highland have indicated in section 5.2.6 of the consultation document that “this option would require substantial additional investment. The full costing indicates that annual running costs would be in the region

of £15.7m which is £2m more than current service. This reflects the very high cost of running 5 small inpatient units.

## 6. CONCLUSION

- 6.1 The Council need to consider the content of the consultation document regarding the Redesign and Modernisation of Mental Health Services in Argyll and Bute and consider the formal letter of response. The Council is supportive of option 3 while noting that further refinement of this option will be explored in relation to the detail of Community Mental Health Teams and the associated management framework.

James Robb, Head of Adult Care

27<sup>th</sup> February 2009

For further information contact:

Allen Stevenson, Service Manager, Mental Health